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# MADE FRESH DAILY

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## LF BREAKFAST SLIDERS 9

LF Avocado, Free Range Scrambled Eggs, Cheddar, Sriracha Mayo

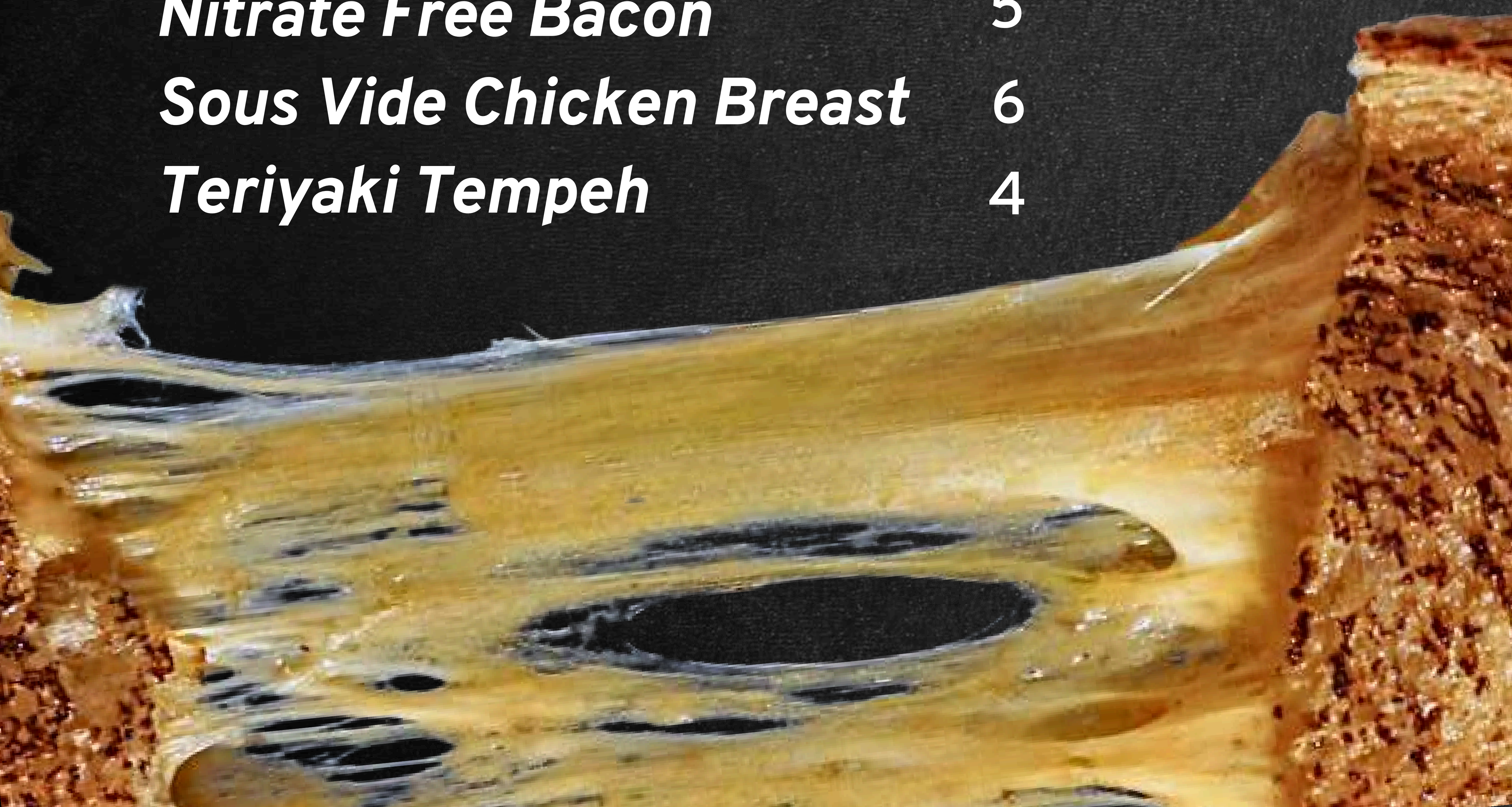
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## THE ULTIMATE GRILLED CHEESE SANDWICH 8

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### ADD-ONS

<i>Avocado</i>	5
<i>Smoked Salmon</i>	6
<i>Nitrate Free Ham</i>	5
<i>Nitrate Free Bacon</i>	5
<i>Sous Vide Chicken Breast</i>	6
<i>Teriyaki Tempeh</i>	4





## PISTACHIO 7 TOAST

Sourdough,  
Pistachio Butter &  
Honey

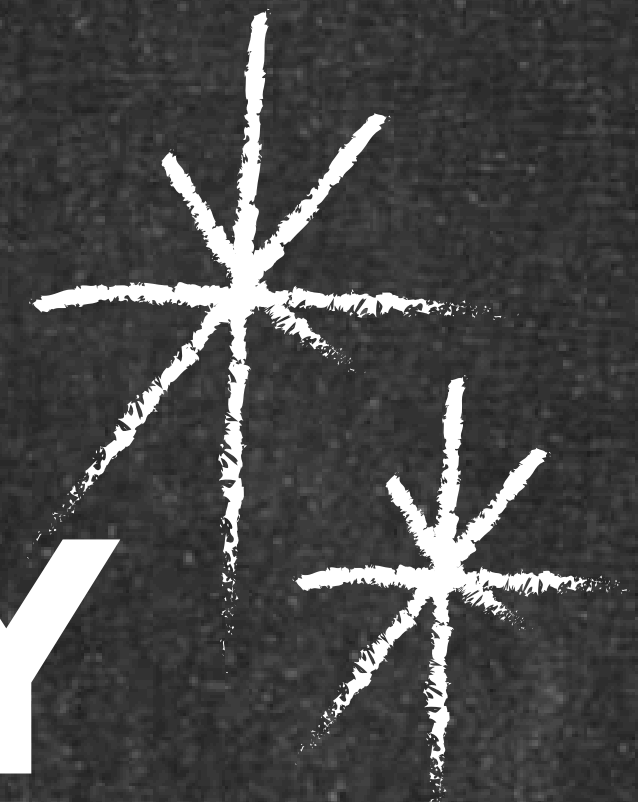
## BANANA BREAD 6

Whipped Cream,  
Coconut Flakes

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# SANDWICHES MADE FRESH DAILY

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refer to display counter!

- CIABATTA

- FOCCACIA

- CROISSANT

- WRAP

- BAGEL





# SOUP OF THE DAY 8/10

With Toasted Sourdough



\*gluten-free toast available



## SALAD BOWLS 10/12



## CHOICE OF DRESSING

*Miso Lemon*

*Red Wine Vinaigrette*

*Caesar*

*Balsamic Vinaigrette*

*Sriracha Mayo*

*Ginger Soy*



# *fresh* FRUIT JUICES

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**Orange / Granny Smith Apple  
/ Watermelon**

6

**Green Juice**  
*cucumber, apple, celery, kale*

6

**Vitamin C**  
*orange, carrot, apple, ginger*

6

**ABC + G**  
*apple, beetroot, carrot, ginger*

7

**Stress Down**  
*apple, strawberries, ginger*

7

**Hydration Hero**  
*pineapple, lemon, cucumber*

7





# PROTEIN SMOOTHIES



## Berry Date

*soy milk, strawberries, beetroot,  
banana, dates, pea protein*

10

## Big Matcha Energy

*oat milk, matcha, banana, dates,  
pea protein*

9

## Chocolate Flex

*almond milk, chocolate, dates,  
banana, pea protein*

9

## Swole Beets

*açaí, chia, oat milk, beetroot,  
pea protein*

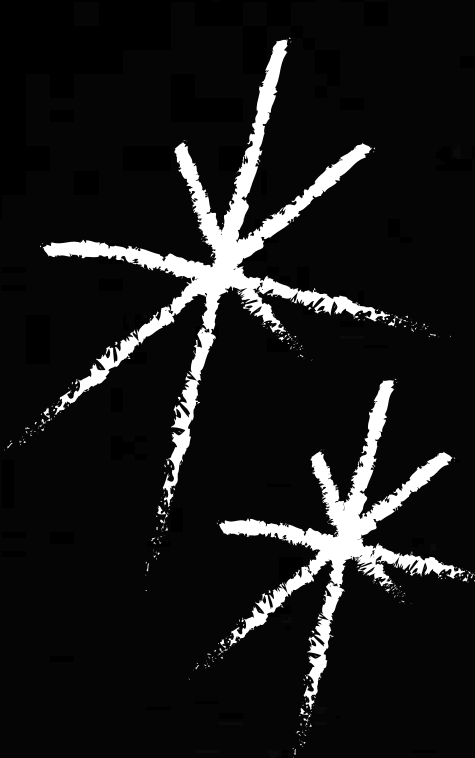
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*add Collagen Powder +3.5*

*add Nuzest Clean Lean Protein Powder +3.5*







Choice of House Blend (Peru & Honduras)  
or Seasonal Single Origin

## BLACK COFFEE

Reg / Large

Espresso	5
Long Black	5 / 7

## WHITE COFFEE

Macchiato	5
Piccolo	5
Flat White	6 / 8
Latte	6 / 8
Cappuccino	6 / 8
Mocha	6 / 8

Oat / Almond / Soy Milk	1
Extra shot of espresso	1
Iced	1

## SUPER LATTES 8/10

<b>Golden Turmeric</b> turmeric, ginger, cinnamon, honey, oat milk	<b>Matcha</b> uji matcha, oat milk
<b>Hojicha</b> uji hojicha, oat milk	<b>Chai</b> spiced chai, oat milk

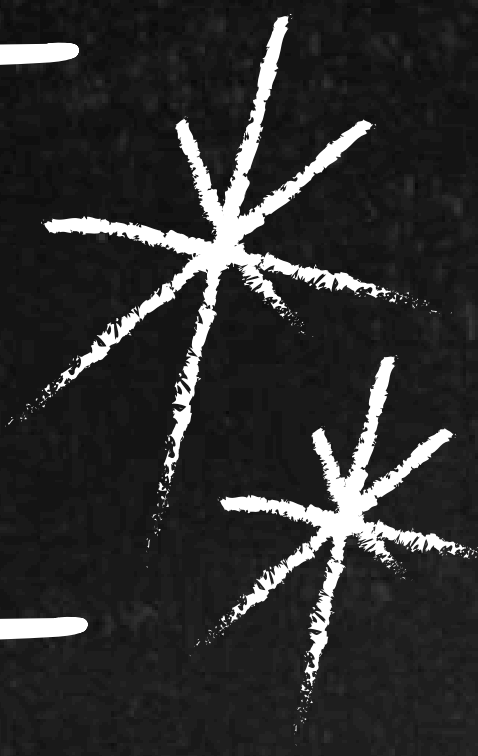




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# ICED SIGNATURES

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## Mont Blanc

8

*iced espresso, maple syrup, orange cream, nutmeg*

## Espresso Protein Einspänner

9

*espresso, milk, chocolate, maple syrup, protein-infused cream*

## Peachy Dragon

9

*cold brew sencha, white peach and dragonfruit purée, protein-infused cream, ginger, cardomom and cinnamon*

## Strawberry Matcha

9

*uji matcha, fresh strawberry pureé, oatmilk*

## Matcha Hojicha

9

*uji matcha, uji hojicha, oat milk*



## Matcha Coconut Cloud

9

*matcha cold foam, coconut water*

*All drinks are lightly sweetened with all-natural maple syrup.  
Prefer it without? Just let us know.*

